



## Compassion is at the Heart of Everything We Do:

Our highly qualified, trained and compassionate caregivers are ready to help you and your loved ones with a variety of daily activities:

- Caring companionship
- ElderCare Massage
- Transportation arrangements
- Accompany to appointments
- Grocery shopping
- Running errands
- Meal planning and preparation
- Light housekeeping
- Medication reminders
- Laundry
- Socializing and Activities

We offer flexible care plans, providing a few hours a week or daily care.

We are fully certified, licensed and insured.



**CDN ElderCare<sup>®</sup>**  
Massage & Companionship

Vancouver B.C.

Direct: **604-340-3581**

Toll Free: **1-888-978-9656**

**info@cdneldercare.ca**

**www.cdneldercare.ca**

**Fostering Standards & Quality of Service:**  
Advocating for quality of life for seniors.

A Proud Member of:



**CARE YOU CAN COUNT ON**  
Your choice for Exceptional non-medical in-home care



It was so nice meeting Amy, she has brought immense joy to my mom. They recently baked a cake together for her friends at the retirement home, and the excitement was contagious. I hear everyone loved it! We couldn't be happier with your services and have already recommended you to our friends. Thank you for making mom feel so excited and valued during each visit.

**Carol K**  
**North Vancouver, B.C.**

**Dedicated to exceeding your expectations....always.**



**CDN ElderCare<sup>®</sup>**  
Massage & Companionship



## Where Care & Comfort Come Together

**CALL FOR A  
FREE ASSESSMENT**

**Non – Medical Home Care  
& Wellness Services**

# WHERE CARE & COMFORT COME TOGETHER

## Our Commitment to You

CDN ElderCare provides flexible, adaptable care tailored to meet the clients needs in their own homes. The service we provide is built around the following core values:

- Provide the highest quality care and support
- Treat people with respect and consideration
- Compassion
- Encourage independence and self-fulfilment
- Involvement - we listen to the wishes of you and your family
- Embrace individuality
- Enhance self-esteem
- Preserve dignity
- Support self-expression

**Our Vision** is a world where Companionship & ElderCare Massage is a healing presence and a well-known health and wellness service offered to our senior community.

## Our Caregivers

When selecting our caregivers we prioritize qualities such as friendliness, kindness, patience, empathy and respect. Each dedicated team member who is matched with you is licensed, insured, nationally certified, covered by workers compensation and has undergone a thorough recruitment process. In addition to reviewing their qualifications we request previous employment references and conduct enhanced background, criminal record and vulnerable sector checks.

## NON – MEDICAL SERVICES



### IN – HOME CARE

- Grocery shopping & Meal preparation
- Laundry / Linens & Light housekeeping
- Medication reminders
- Light gardening / Hobbies
- Companionship & Conversations



### ELDERCARE MASSAGE

- Help reduce painful joints
- Help improve quality & length of sleep
- May help increase circulation, strength, muscle coordination & balance
- Greatly assist in arthritic pain
- Relaxation, Comfort & Reassurance



### COMPANION CARE IN A FACILITY

- Help transition to new living environment
- Transportation
- Accompany to facility activities, outings, appointments &/or shopping
- Laundry / Linen & Prepare bedding
- Assist with exercise plan



### TRANSPORTATION

- Run errands
- Accompany to appointments, shopping &/or social events
- Visits

## HOW TO GET STARTED

Whether at home or in a facility, we will meet with you and your family and jointly conduct a thoughtful assessment that will help us understand the level of assistance required for you (or your loved one's) lifestyle and medical conditions.

During our meeting, we will take the time to discuss the available services with empathy, address any questions or concerns you may have, and help with the important care decisions faced by a family with a loved one in need.

## Topics of discussion will include:

- Selecting the most suitable caregiver
- Daily routines and activities
- Emergency response
- Dietary considerations
- Transportation arrangements
- Home cleaning and comfort
- Cost of services
- Health management & medication reminders

(604) 340-3581  
WWW.CDNELDERCARE.CA